

Designing a season with purpose

3rd Annual Stanford Wrestling Coaches / Leaders Clinic · September 12, 2026

BEFORE YOU ENTER AN EVENT, ANSWER FIVE QUESTIONS

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| 1. Who does it develop? | Name the wrestlers. |
| 2. What does the day cost — all in? | Entry, transport, hotel, the Saturday. |
| 3. Can it be staffed? | Who takes them and coaches them? |
| 4. What does it displace? | Who on the roster gets nothing that day? |
| 5. What should they get out of it? | Tied to your cycle — and told to them. |

THE CEILING

40 matches before the first qualifier

6 matches in one day

10 across two consecutive days

30 minutes rest between matches

Forfeits don't count. Byes aren't matches. Verify with your section.

CCS 2026-27 SEASON FRAME

Nov 2	First practice
Nov 23	First contest
Feb 6	League ends
Feb 13 / 20	Regional / Masters
Feb 25-27	CIF State

Confirm 2027 Regional / Masters dates with the CCS office.

FOUR SYSTEMS — NONE OF THEM TALKS TO THE OTHERS

Trackwrestling OPC	Weight management — assessments, alpha weight, weigh-in sheets
Trackwrestling events	Most high school brackets — entries, seeding, results
USA Bracketing	USAW national and regional events — and more HS tournaments this season
WrestlingIQ	People — registration, payments, attendance, communication

OPC is the constant: whatever platform runs the event, you still print your documents out of OPC.

The bracket side is shifting — check which platform an event uses when you enter it.

YEAR-ROUND: THE ENTITY STRUCTURE

- Out-of-season restrictions apply to a team practicing only with its own school's athletes.
- An open club — open to athletes from anywhere — sits outside those rules. Separate charter, separate insurance, separate money. Name it independently of the school.
- Costs: \$525 HS club charter (athlete cards for students at your school) · \$110 offseason club charter · \$80 Wrestling Leader card per coach, plus ~\$30 screening · \$55 additional insured per site.